



## Arlington Council on Aging

### Agenda

*Date: Thursday June 16, 2022 Time: 6:00 pm*

***Location: This meeting will be conducted in a Hybrid format. Board members have a choice of attending in person or virtually. Residents are asked to attend virtually via zoom following the rules set forth by the Governor's Executive Order on Remote Participation. These meetings are open to the public and all are welcome. Please call 781-316-3401 or e-mail [KShah@town.arlington.ma.us](mailto:KShah@town.arlington.ma.us) for the link to join the virtual meeting which can be accessed by computer with internet access or by telephone for audio access only.***

*Kristine Shah, Executive Director*

*Michael Quinn, Chair*

*Sheila Connerney, Secretary*

*The Council's primary responsibilities are to design, promote, and implement programs and services to address the needs of the community's elder population, and to coordinate existing services in the community.*

1. Call to order
2. Citizen's Open Forum
3. Minutes of the May 2022 meeting for approval
4. Executive Director's Report
5. Age/Dementia Friendly
  - a. Caitlin Coyle to present plan to Select Board on June 27, all board members encouraged to join
6. Report of the Chair
8. Minuteman Senior Services Report
10. Old Business
11. New Business
12. Other Community Announcements
13. Adjourn - **Next meeting: September 15, 2022**

## Executive Director's Report

### Kristine Shah

- I. Reopening & Renovation
  - a. 855 people "active" with COA since reopening Community Center (likely closer to 1,000 as many came who did not check in)- see statistical report
  - b. Remaining pieces of project to be done include A/C HVAC work; exterior signage
- II. COA Services Update
  - a. Minuteman Senior Services moved back to building on May 27; Meals on Wheels will begin operating out of the building as of that date and congregate dining is beginning in July.
  - b. Minuteman staff has also been collaborating with COA frequently this month about PS clients and using our space for client meetings.
  - c. Food Link will begin providing café pastries one day a week starting this month.
  - d. The Property Tax Relief Info session will be rescheduled for September/October with updated information for FY23.
  - e. Catholic Heart Work Camp students collaborating with COA again this summer to provide free house project work for Arlington seniors.
  - f. Monthly Podiatry Clinic will be staying at Dr. Seligman's office for the long term; it has gone extremely well and we provide free van rides door to door.
  - g. A look ahead to summer programming highlights: BBQ and Magic Show Summer Bash 7/14, Sea Glass Art Class, Wang Theater Tour, Scam Presentation with APD, Petal Pals Garden Club, Shake Your Soul Exercise, World Galore Brain Twisters, Ping Pong...and BINGO!
  - h. Come visit the COA at Porch Fest this Saturday from 12-3
- III. COA Staff Update
  - a. We are interviewing 9 candidates for the Receptionist position and 2 candidates for the Van Driver position on 6/16.
  - b. Chris Angell, COA Office Manager, received MCOA President's Award for 2022
- IV. Other
  - a. New COA Van through MassDOT Grant should be arriving by September.
  - b. Review of Envision Arlington Diversity Task Force Meeting on June 9

## People that were active between 04/11/2022 and 06/30/2022

### Filters:

Age: >=60

Site(s): All

Age Range as of 06/30/2022	Count	Percent
Ages 55-59	14	1.6%
Ages 60-64	49	5.7%
Ages 65-69	139	16.3%
Ages 70-74	176	20.6%
Ages 75-79	155	18.1%
Ages 80-84	130	15.2%
Ages Below 55	10	1.2%
Ages Over 85	177	20.7%
Unknown	5	0.6%
Totals	855	100%

City/Town	Count	Percent
In Town	782	94.8%
Out of Town	43	5.2%
Totals	825	100%

Deceased	Count	Percent
No	815	98.8%
Yes	10	1.2%
Totals	825	100%

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Gender	Count	Percent
Female	603	73.1%
Male	221	26.8%
Unknown	1	0.1%
Totals	825	100%